



## 陪伴孩子說出心底話

Speak From The Bottom of Your Heart With Children

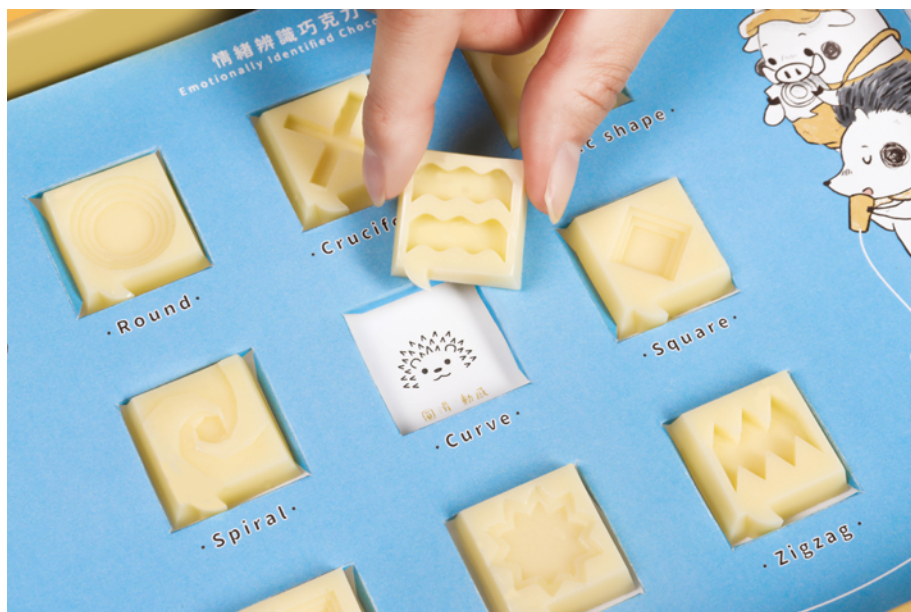
情緒這門人生課題對於一般人來說是一堂難以過關的必修課，情緒障礙的孩子在表達情緒更是難上加難。在資料收集中得知，情緒障礙孩子的特徵是在表達情緒的反應上與同年齡的孩子顯著異常，嚴重者甚至會影響會生活。

Emotion, a compulsory course of life that is too difficult for everyone to pass, even more so for kids with emotional disorders, a subject that must be constantly revisited in their life. We know from research that children with emotional disorders are characterized by markedly abnormal responses to expressing emotions compared with children of the same age; those who are severe may even have an effect on their life.









在田野調查中我們發現視覺及產品設計中經常運用造型心理學來連結造型與人格特質的涵義，因此我們整理出九種不同造型及相對應的情緒含意，不僅幫助溝通的過程營造出放鬆的氛圍也能將巧克力當作是溝通完的小獎勵，提高孩子表達情緒的意願。綜合上述，我們將造型心理學結合巧克力，把九種造型設計在對話框形狀的巧克力中，形成一款情緒辨識巧克力，依據孩子目前的狀態與他們選擇的巧克力推測出孩子當下的情緒，提供家長及治療師一個新的溝通方式。

In the field research, we found that visual and product design often use modeling psychology to connect the model and the meaning of personality traits. By using chocolate as a material of communication, not only can it help create a relaxed atmosphere during the communication, but it can also serve as a small reward after communication, improving children's willingness to express emotions. To sum up, we combined modeling psychology and chocolate, by engraving nine designed shapes on dialog shaped chocolates, creating emotionally identifying chocolates. It speculates children's current mood based on their current state and the chocolate of their selection, providing a new way of communication for parents and therapists.







巧巧話與樂林職能治療所合作，經過專家建議後設計出情緒溝通指南書，將複雜的溝通過程簡化設計成步驟圖，並將此步驟圖作為溝通核心，家長依照指南書上的步驟圖一步步進行溝通，從此方向繼續進行溝通，即可達成有效的溝通並讓家長及孩子的互動更加緊密。

巧巧話以陪伴孩子說出心底話為核心目標，在情緒溝通指南書與巧巧力的搭配使用下，讓情緒障礙的孩子以另外一種方式表達情緒，讓家長及治療師與孩子能夠擁有一場輕鬆的溝通體驗。

“Whisper” cooperates with Loving Occupational Therapy Clinic to design an emotional guide book with expert’s advice. The complex communication process is simplified and designed into flow charts, which are the core of communication. Parents can follow the flow chart communication diagram in the guidebook and continue to communicate along the way to achieve effective communication and closer interaction between parent and children.

Whisper aims to speak from the bottom of your heart with children. Using the emotional guide book along with the chocolates, it not only allows kids with emotional disorders another way of expressing their emotions, allowing parents and therapists to have an easy and effective communicating experience.

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